HELP PROTECT from COVID-19

Evidence suggests that cigarette smoking makes you more likely to contract Coronavirus (COVID-19), while also increasing the severity of symptoms.\(^1\)\(^2\)

Kids exposed to secondhand smoke have weakened immune systems and higher chances of complications from pneumonia.\(^3\)\(^4\)

40\% of children are exposed to second hand smoke.\(^5\) That exposure puts them at serious risk.

Coronavirus (COVID-19) cases are increasing daily across the country, including California.\(^6\)

TO REDUCE YOUR CHILD’S RISK DUE TO SMOKING:

LIMIT your child’s exposure to secondhand smoke

ADVOCATE for smoke-free areas where children live and play, such as apartment complexes and parks

REACH OUT to tell other parents, family members, and friends what you know

For more information, please visit: https://NCPC.ucmerced.edu/resources