

HELP PROTECT from COVID-19

Evidence suggests that cigarette smoking makes you more likely to contract Coronavirus (COVID-19), while also increasing the severity of symptoms.^{1,2}

Kids exposed to secondhand smoke have weakened immune systems and higher chances of complications from pneumonia.^{3,4}

40%

of children are exposed to second hand smoke.⁵ That exposure puts them at serious risk.

Coronavirus (COVID-19) cases are increasing daily across the country, including California.⁶

TO REDUCE YOUR CHILD'S RISK DUE TO SMOKING:



LIMIT

your child's exposure to secondhand smoke



ADVOCATE

for smoke-free areas where children live and play, such as apartment complexes and parks



REACH OUT

tell other parents, family members, and friends what you know

For more information, please visit: <https://NCPC.ucmerced.edu/resources>

YOUR KIDS



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